



SENIOR CURRICULUM 2016-17

SESSION	TOPICS & ACTIVITIES	ACTION ITEMS
1 Welcome Back!	<ul style="list-style-type: none"> • Team Building / Fun • Review Summer Experiences • Introduction to the College Possible Senior Program 	<ul style="list-style-type: none"> • Collect completed index cards and paperwork
2 Goals & Revisiting College Lists	<ul style="list-style-type: none"> • Review value of and process for setting goals • Set SMART goals for this year, next year, and five years in the future • Refine college list 	<ul style="list-style-type: none"> • Collect completed <i>SMART Goal Worksheets</i> • Collect revised college lists
3 Finalizing College List & Selecting Applications	<ul style="list-style-type: none"> • Assess match, fit and interest level for each college on list • Evaluate personal college list against criteria for a balanced list • Explore college application options 	<ul style="list-style-type: none"> • Review students' college research and lists
4 Staying Organized - Application & Financial Aid Timelines	<ul style="list-style-type: none"> • Identify college application requirements and deadlines • Practice asking an adult for help with a college application component • Discuss and develop organizational strategies 	
5 Building Your Brand & Your Network	<ul style="list-style-type: none"> • Construct a personal and professional brand • Update LinkedIn profiles to reflect new skills and experiences • Build professional network by adding new connections 	
6 Revisiting Financial Aid	<ul style="list-style-type: none"> • Explain the different types of financial aid • Summarize the steps to filing the FAFSA • Create an FSA ID 	<ul style="list-style-type: none"> • Collect completed FSA ID worksheets
7 Essay Workshop	<ul style="list-style-type: none"> • Identify essay requirements • Discuss the steps of the writing process • Offer feedback on a peer's essay 	
8 College Correspondence & Professional Communication	<ul style="list-style-type: none"> • Explore strategies to successfully manage college correspondence • Discuss the importance of professional communication • Role play professional communication 	

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9 College Life Seminar - Stress Management	<ul style="list-style-type: none"> • Examine personal responses to stress • Reflect on different strategies to manage stress • Discuss how managing stress can contribute to success in college and beyond 	
10 FAFSA Workshop	<ul style="list-style-type: none"> • Create a FAFSA using proper dependency, parent and financial information • Utilize the IRS Data Retrieval Tool • Analyze a Student Aid Report 	<ul style="list-style-type: none"> • Collect SARs
11 Demonstrated Interest - Interviewing & Asking Good Questions	<ul style="list-style-type: none"> • Discuss the concept of demonstrated interest • Identify opportunities to demonstrate interest in colleges • Practice strategies for a successful interview 	
12 Writing Thank You Letters	<ul style="list-style-type: none"> • Review and reflect on the accomplishments • Identify and thank all those who helped • Celebrate accomplishments and have fun! 	<ul style="list-style-type: none"> • Collect completed reflections, if applicable
13 College Life Seminar - Time Management	<ul style="list-style-type: none"> • Create a weekly schedule • Analyze current study skills and identify opportunities for improvement • Identify resources and strategies 	
14 Scholarships	<ul style="list-style-type: none"> • Discuss the role of scholarships • Describe the characteristics of best bet scholarships • Practice using College Greenlight 	<ul style="list-style-type: none"> • Review and/or collect students' <i>Scholarship Application Plan</i>
15 Scholarship Application Success Tips	<ul style="list-style-type: none"> • Discuss basic scholarship application tips • Analyze the characteristics of successful scholarship essays 	
16 College Life Seminar - Balancing Family & School Demands	<ul style="list-style-type: none"> • Discuss how school demands and family dynamics might shift in college • Prepare to talk with family • Identify support resources on campus 	
17 Goals Check-In	<ul style="list-style-type: none"> • Review value of setting goals • Assess progress towards goals • Set new goals/refine goals for remainder of year and beyond 	<ul style="list-style-type: none"> • Revised SMART goals
18 Financial Aid - Next Steps	<ul style="list-style-type: none"> • Determine whether verification and/or other financial aid forms are required • Create a plan to gather and submit necessary documentation • Reflect on progress and future plans 	<ul style="list-style-type: none"> • Collect <i>Verification Planning Worksheet</i> • Collect reflections, if applicable

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19 College Life Seminar - Housing, Campus Life & Getting Involved	<ul style="list-style-type: none"> • Discuss campus life and what to expect when living on and off campus • Identify different forms of involvement • Explore potential clubs, activities and/or clubs to get involved with 	
20 Loans & Work Study	<ul style="list-style-type: none"> • Introduce loans, interest and repayment • Evaluate federal & private student loan options • Discuss work-study funds 	
21 College Life Seminar - Budgeting & Money Management in College	<ul style="list-style-type: none"> • Explore different personal budgeting resources • Discuss basics of Federal Work-Study and financial aid refunds • Examine the unique perspectives and strengths that low-income students bring to a college campus 	
22 Interpreting & Comparing Financial Aid Award Letters	<ul style="list-style-type: none"> • Interpret multiple financial aid award letters • Translate financial aid award letters into uAspire Analyzer Tool • Evaluate and compare financial aid awards using the uAspire Analyzer Tool 	<ul style="list-style-type: none"> • Collect completed uAspire Analyzer Tools
23 Appeals & Reducing Financial Gaps	<ul style="list-style-type: none"> • Calculate financial gaps using uAspire Analyzer Tool • Explore options for covering a financial aid gap or unmet need • Introduce the process of appealing for a financial aid review 	<ul style="list-style-type: none"> • Collect completed Analyzer Tools
24 College Life Seminar - Using Your Resources (including your College Coach)	<ul style="list-style-type: none"> • Practice asking for support in an email • Discuss the role of a College Coach and expectations for the college years • Write introductory letter to next year's Coach 	<ul style="list-style-type: none"> • Collect completed letters
25 Choosing a College - Final Research & Soul Search	<ul style="list-style-type: none"> • Explore resources to inform college decision • Create a list of pros and cons for each college option 	<ul style="list-style-type: none"> • Collect Pros and Cons List
26 Choosing a College - Individual Conferences	<ul style="list-style-type: none"> • Evaluate college options from a variety of perspectives in order to make final enrollment decision • Create a plan to ensure a successful transition to and matriculation at intended institution 	
27 College Life Seminar - Choosing a Major (or not!)	<ul style="list-style-type: none"> • Reflect on strengths, interests and personality • Discuss the connection between major and career path • Review resources available to assist students 	
28 Loan Logistics	<ul style="list-style-type: none"> • Discuss the steps to officially accept an aid package and/or loans • Complete Entrance Loan Counseling and/or MPN, if applicable 	

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29 College Life Seminar - Imposter Syndrome, Culture Shock & Reverse Culture Shock	<ul style="list-style-type: none"> • Discuss differences between current and college environments • Identify strategies and resources to assist in the transition process 	
30 Enrollment & Key Summer To Dos	<ul style="list-style-type: none"> • Discuss the phenomenon of “summer melt” • Describe components of enrollment and steps to prepare for fall semester 	<ul style="list-style-type: none"> • Collect completed Letters to Self (optional)
31 College Life Seminar - Early Warning Signs & Help-Seeking	<ul style="list-style-type: none"> • Explore the concept of help-seeking behavior and identify personal help-seeking tendencies • Discuss early warning signs of academic, financial and social/emotional distress and the benefits of asking for help • Identify campus resources 	
32 Creating a College Success Plan	<ul style="list-style-type: none"> • Review and reflect on the accomplishments in College Possible thus far • Create plan to ensure successful transition to college 	

INSERT SESSIONS

A Preparing for the College Fair	<ul style="list-style-type: none"> • Revisit the College Fair: • Asking Good Questions • Make a Plan 	
B Reflecting on College Fairs	<ul style="list-style-type: none"> • Reflection on the College Fair 	
C Community Service & Service Certificates	<ul style="list-style-type: none"> • Why Do Community Service? • Community Service at College Possible • The College Connection 	
D Talking to People Who Know: College Student Panels		
E Community College Enrollment Process	<ul style="list-style-type: none"> • Discuss components of enrollment and steps • Identify the importance of building connections on campus. • Identify potential transfer options in order to create a college pathway plan. 	
F Community College Success Tips	<ul style="list-style-type: none"> • Identify the importance of self-advocacy as a student at a community college • Identify common pitfalls for student success and address possible solutions • Discuss the importance of a successful pathway to degree completion 	