



## Inputs

### Core Values

- > The early years of a child's life are critical for optimal development and provide the foundation for success in school and in life.
- > Parents are their children's first and most influential teachers.
- > Established and emerging research is the foundation of our curricula, training, materials and services.
- > All young children and their families deserve the same opportunities to succeed, regardless of any demographic, geographic, or economic considerations.
- > An understanding and appreciation of the history and traditions of diverse cultures is essential in serving families.

### Theoretical Framework

- > Human Ecology and Family Systems
- > Developmental Parenting
- > Attribution Theory
- > Empowerment and Self-Efficacy

### Community Context

- > Community needs and relationships
- > Organizational capacity
- > Well-trained and competent staff

## Activities

### Training and Professional Development

Initial training and ongoing professional development build parent educators' core competencies in the following areas:

- > Family Support and Parenting Education
- > Child and Family Development
- > Human Diversity Within Family Systems
- > Health, Safety, and Nutrition
- > Relationships Between Families and Communities

### Model Components

- > Personal Visits
- > Group Connections
- > Screening
- > Resource Network

### Approach

Parent educators share research-based information and utilize evidence-based practices by **partnering**, **facilitating**, and **reflecting** with families.

Parent educators use the Parents as Teachers *Foundational Curriculum* in culturally sensitive ways to deliver services that emphasize:

#### Parent-Child Interaction

- > Parenting behaviors
- > Child development
- > Parent-child activities

#### Development-Centered Parenting

- > Link between child development and parenting
- > Developmental topics (attachment, discipline, health, nutrition, safety, sleep, transitions/routines, and healthy births)

#### Family Well-Being

- > Family strengths, capabilities, and skills
- > Protective factors based on the Strengthening Families™ approach
- > Resourcing

### Fidelity and Quality Assurance

- > Readiness Reflection
- > Quality Assurance Guidelines
- > Essential Requirements
- > Model Implementation Training and Guide

Reflective Supervision

Evaluation and Continuous Quality Improvement

## Outcomes

### Short-Term Outcomes

Increase in healthy pregnancies and improved birth outcomes (when services are delivered prenatally)

Increase in parents' knowledge of their child's emerging development and age-appropriate child development

- > Parents are knowledgeable about their child's current and emerging language, intellectual, social-emotional, and motor development
- > Parents recognize their child's developmental strengths and possible delays
- > Parents are familiar with key messages about healthy births, attachment, discipline, health, nutrition, safety, sleep, and transitions/routines

Improved parenting capacity, parenting practices, and parent-child relationships

- > Parents understand that a child's development influences parenting responses
- > Parents display more literacy and language promoting behaviors
- > Parents demonstrate positive parenting skills, including nurturing and responsive parenting behaviors and positive discipline techniques
- > Parents show increased frequency, duration, and quality of parent-child interactions

Early detection of developmental delays and health issues

- > Children will have increased identification and referral to services for possible delays and vision/hearing/health issues

Improved family health and functioning

- > Improved quality of home environment
- > Families link with other families and build social connections
- > Parents are more resilient and less stressed
- > Parents are empowered to identify and utilize resources and achieve family and child goals
- > Families are connected to concrete support in times of need

### Intermediate Outcomes

Improved child health and development

Prevention of child abuse and neglect

Increased school readiness

Increased parent involvement in children's care and education

### Long-Term Outcomes

Strong communities, thriving families, and children who are healthy, safe, and ready to learn